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| Date 02/10/2015 | Clinician | | | Questionnaire | | | Attachment |
| Notes : 53 Years, female, married, started the illness since 1990 after her younger son died at the age of 3 years, fell down in lake and she has not recovered from the traumatic even after one year and gradually worsend to muttering to self, smiling to self, suspeciuosness; withdrawn, not doing any work. H/o remission after treatment for the next 15 years and s3cond episode started for the last 5 years. F/H MI to mother, sister. Plan: T Cital 20 mg hs; T OLZ 20 mg hs; T THP 2mg 1-1-0; r/v 1 week.  24/10/15: Same; Plan:r/v 1 wk.  31/10/15: Better. But c/o decr sleep; restlessness at night; ? Akathesia; Plan: Red T OLZ 10 mg hs; T Cital 30 mg hs; Add T Clozap 25 mg hs; r/v 1 week.  07/11/15: Same; Plan: Incr T Clozap 50mg hs; Incr T Cital 40mg hs;Stop T OLZ & THP; r/v 2 wks  21/11/15: overall better. 50% improvement; Plan: r/v 2 wks.  12/12/15: Reasonable well,started to interact with other,functioning need to be improved,dietary pattern not regular; Plan: Same;r/v 1 wk.  16/01/16: Over all well. Plan: Red T Clozap 12.5 mg hs sos; r/v 2 wks.  30/01/16: Over all better. C/o decr sleep and taking T Clozap as regular. Plan: T Clozap 12.5 mg bs; r/v 2 wks.  27/02/16: Stable but not fully well. Plan: Stop T Cita; start T Venlafax 75 mg bd; r/v 1 week.  05/03/16: Same; Plan: Incr T Venlafax 75-0-150 mg; r/v 2 wks.  19/03/16: Better. Plan: Incr T Venlafax 75-0-225 mg; stop T Clozap. R/v 2 wks.  26/03/16: ? Manic relapse; Plan: Stop T Venlafax: Add T Sod Val 200 mg bd; Add T Quet 50 mg hs; r/v 1 week.  02/04/16: ? Depressed. Plan: Add T Mirtaz 15 mg hs; r/v 1 week.  09/04/16: Better. Plan: Incr T Mirtaz 30 mg hs; r/v 1 week.  16/04/16: Same; Depressed and decr sleep; Plan: Stop T Quet; Add T CPZ 200 mg hs; Incr T Mirtaz 45 mg hs; r/v 1 week.  23/04/16: Much better; r/v 2 wks.  28/05/16: Much better; Plan: r/v 2 wks.  11/06/16: Much better. C/o decr sleep; Plan: Incr T CPZ 250 mg hs; r/v 2 wks.  09/07/16: Stable. Plan: Incr T S V CR 200-0-500 mg; r/v 4 wks.  08/10/16: Coming after a month, claims to be on regular Rx. Mental state stable. R/V 1 month. | | | | | | | |
| Diagnosis: Recurrent Depressive Disorder  No: | | | 3 Month Clinical Outcome | | | Medication | |
| Patient Number | | 6 | | |
| Patient Forename | | Margaratte | | |
| Patient Surname | | Joseph | | |